Two Ways to Safely Move a Fallen Patient

No matter how it is done, manually lifting fallen patients from the floor is never safe for your back. In the event that you have to assist a fallen patient, you should use one of the following methods to help them up:

1. **Help the Patient Pull Themselves Up**
   - If the patient has the ability, guide the patient to pull themselves up. The patient should get on their hands and knees and pull themselves onto a chair. If a walking belt is available, put it on the patient should you need to assist them.

2. **Use a Mechanical Lift**
   - If the patient is not able to pull themselves up, the only other way to move them safely is by using a mechanical lift. It is safer for you and for your patient.

NEVER manually lift a patient.

There is no safe way to manually lift a patient from the floor.

For more information about safe patient handling and movement, contact:

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