

Personal Fall Arrest System Inspection Checklist

Personal fall arrest systems must be inspected before each use. Fall protection exhibiting any of these faults must be marked rejected, removed from service, and destroyed.

What to look for	Accepted/Rejected
FULL-BODY HARNESS	
Hardware: Includes D rings, buckles, keepers, and back pads. Inspect for damage, distortion, sharp edges, burrs, cracks, and corrosion. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Stitching: Inspect for pulled or cut stitches. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Labels: Inspect, making certain all labels are securely held in place and are legible. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
LANYARDS/SHOCK-ABSORBING LANYARDS	
Hardware: Includes snap hooks, carabiners, adjusters, keepers, thimbles, and D rings. Inspect for damage, distortion, sharp edges, burrs, cracks, corrosion, and proper operation. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Webbing: Inspect for cuts, burns, tears, abrasions, frays, excessive soiling, and discoloration. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Stitching: Inspect for pulled or cut stitches. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Synthetic Rope: Inspect for pulled or cut yarns, burns, abrasions, knots, excessive soiling, and discoloration. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Energy Absorbing Component: Inspect for elongation, tears, and excessive soiling. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Labels: Inspect, making certain all labels are securely held in place and are legible. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
SNAP HOOKS AND CARABINERS	
Physical Damage: Inspect for cracks, sharp edges, burrs, deformities, and locking operations. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Excessive Corrosion: Inspect for corrosion, which affects the operation and/or the strength. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected
Markings: Inspect and make certain marking(s) are legible. Comments:	<input type="checkbox"/> Accepted <input type="checkbox"/> Rejected

Inspect **tie-offs and anchor points** for integrity and attachment to solid surface.

All personal fall arrest systems that are involved in a fall will be removed from service and destroyed.