



Improving the health status of Maine's seasonal workers and their families by providing culturally appropriate care and services.

Harvest Season 2020

Dear Grower,

The Maine Mobile Health Program is here for you and we want to support your efforts to help keep your workforce healthy. As a Federally Qualified Health Center (FQHC) charged with providing primary care services to the agricultural workers in the state of Maine, our goal is to promote and protect the health of migrant and seasonal agricultural workers. We are writing to you to offer assistance during the COVID-19 pandemic.

During this public health crisis, everyone needs to understand the facts about COVID-19. And many educational resources already exist. We have worked with partners to develop the attached guidelines specific to agricultural workers and their employers. We have also developed COVID-19 educational resources in all languages for you and your employees.

These include:

- The necessary ways to protect ourselves and others from becoming ill by practicing personal hygiene, frequent cleaning of living spaces and surfaces and consistent social distancing.
- The symptoms of COVID-19, and what to do immediately on recognizing signs of illness.
- The meaning of self-isolation and quarantine, and when these practices are necessary.

The Maine Mobile Health Program has a multilingual team of staff members who speak Spanish and Haitian Creole. The following services are available:

- **Call us** –We are here to help. Do not hesitate to call our central number (1-888-351-9634) with questions. When you call, leave a voicemail message with specifics and the right staff member will call you back to provide support. We can help by:
 - Reviewing a plan for safe practices for your workforce and operations
 - Providing guidance on when workers need to be in quarantine
 - Providing clinical support to triage symptoms and strategizing for access to care for sick workers
 - Answering questions about when sick workers may return to work
 - Speaking directly with sick workers in their own languages
- **24-hour support:** We will respond to messages Monday – Friday 9 AM to 5 PM. If you call outside these hours, our 24-hour nurse triage line can address concerns about a sick worker.
- **Access to Primary care for agricultural workers** – MMHP provides access to primary care for agricultural workers either through mobile clinics or by referral.
- **Posters and information sheets** – The attached education and outreach materials can be posted in and near bathrooms, kitchens, living quarters, vehicles, etc.



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- **Educational talks** – We are happy to have telephone or video calls with growers, supervisors or agricultural workers. Depending on your location we can strategize with you to provide education through a video call or in an OPEN-AIR environment, As you know, people may learn better through verbal instruction. If a physical visit from MMHP is not possible, we can train a supervisor or designated worker on COVID-19 who can educate the rest of your employees.

We look forward to helping you in any way we can. We exist for the very purpose of rising to an occasion during times like this to ensure the health of the agricultural workers who we all depend on. Please do not hesitate to call us with any questions or requests.

All the best,

Lisa Tapert, MPH

CEO