



Housekeeping Carts

TO REDUCE YOUR RISK OF INJURY, PRACTICE THESE SAFETY TIPS



Hazards

- ⚠ Slip, Trip & Fall**
Items on floor not seen due to cart or when pulling
- ⚠ Overexertion & Action**
Pushing or pulling carts, especially in tight areas or when overloaded
Bending and twisting
Pulling with one arm
- ⚠ Struck Against & Contact**
Objects, coworkers, or guests if cart obstructs your view
Hands and fingers caught between cart and walls or doorways
Needles and broken glass in trash

5 Safety Tips

- 1 Set up carts as instructed. Do not overload them.**
- 2 Push carts from the end with the swivel wheels. Avoid pulling carts if possible.**
- 3 Keep your hands and fingers away from the outer edges of the cart when going through doorways or close to walls.**
- 4 Handle trash bags from the top, and do not press or compact trash bags.**
- 5 Squat or kneel to stock or remove lower items. Do not bend at the waist.**

PPE

ADHERE TO POLICY

- ✔ **Personal Protective Equipment**



Gloves



Slip-Resistant Footwear

General Safety Tips

- ✔ Wear your PPE as instructed by the chemical labels and your workplace's policy.
- ✔ Do not lift more than you can handle and work in teams when necessary.
- ✔ Lift and carry only manageable loads and do not block your line of sight.
- ✔ Get as close as possible to your work to limit reaching. Walk around or move any obstacles.
- ✔ Bend at your hips and knees. Do not bend at your waist. Use a shoulder width or wider stance to improve balance and engage your legs.
- ✔ Place the hand you are not using on a nearby object or surface to support your upper body if reaching is unavoidable.
- ✔ Change positions, alternate between tasks, and switch hands/arms frequently to avoid overuse.
- ✔ Complete all required training prior to performing your tasks.
- ✔ Pay attention to and stay focused on the task at hand.
- ✔ Inspect your area, equipment, and tools prior to each use.
- ✔ Report hazards and equipment in disrepair. Follow proper procedures to fix or replace.