Two Ways to Safely Move a Fallen Patient

No matter how it is done, manually lifting fallen patients from the floor is never safe for your back. In the event that you have to assist a fallen patient, you should use one of the following methods to help them up:

1. Help the Patient Pull Themselves Up
   If the patient has the ability, guide the patient to pull themselves up. The patient should get on their hands and knees and pull themselves onto a chair. If a walking belt is available, put it on the patient should you need to assist them.

2. Use a Mechanical Lift
   If the patient is not able to pull themselves up, the only other way to move them safely is by using a mechanical lift. It is safer for you and for your patient.

NEVER manually lift a patient.
There is no safe way to manually lift a patient from the floor.

For more information about safe patient handling and movement, contact:

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